

What Men Fear

June 13/14, 2015

Group Warm Up

1. Pastor Ben shared some new phobias with us this weekend. What are some you're your big or weird fears?

Open in Prayer

Group Discussion

- 2. Our focus verse for the day was Psalm 23:1. Read that together and then talk about how true that feels for you right now...
- 3. What helps you trust your Shepherd with your needs? What makes it difficult at times to trust Him?
- 4. Some of the main points we covered during the weekend message are below. As a group, talk about each one. Which are the most applicable for you right now? What would need to happen to overcome those fears?
 - 1. Fear of Failure
 - 2. Fear of being Found out
 - 3. Fear of Missing Out
 - 4. Fear of Insignificance
 - 5. Fear of Messing up Your Family
- 5. Next Ben gave a big statement:"A man loses focus when his fear exceeds his faith."

Do you agree? Have you seen this play out in your life or in the life of someone you care about?

Digging Deeper

- 6. What can we do to combat fear winning out over our faith in Christ? How can we become more faith-filled?

 Read the following Scriptures and see what insight you find to build your faith when fear seems to be winning out:
 - Matthew 18:3
 - Hebrews 12:2
 - Romans 10:17
 - Psalm 56:3
 - Philippians 4:6
 - 2 Timothy 1:7

One of the questions Pastor Ben posed was "Is my God big enough?" It doesn't matter how many verses we read about faith, hope, God's power and His ability to work in our lives if we don't really believe HIM and in WHO He says He is. Share with the group anything that is standing in your way of trusting that God is big enough to handle whatever it is you are fearful of today. How can this group help /pray?

Life Application/Homework

Growing in faith is a little like growing a plant... it CAN grow but only if it gets some attention – water, sunshine, nutrients... Our faith grows as we give it attention as well: Time reading God's Word, praying, learning with others who are following Christ... and other meaningful spiritual disciplines!

Think about what spiritual attention you are giving your faith. Is there anything you can start (or do better) this week that will grow your faith?

Secondly, this week find some time to sit down and read about who God says He is – how BIG He is. Renew your trust in Him! If you need help there are so many great resources! Check out this for a quick place to begin:

http://www.josh.org/video-2/attributes-of-god/

Closing Prayer and Group Prayer Requests

