



MESSAGE SERIES GUIDE

Timberlake Church

October 17, 2021
Pastor Ben Sigman

FOR LEADER:

In preparation for group discussion, take a few minutes to read through the scriptures and discussion questions

The most recent message is available online at Timberlakechurch.com/messages for further study

MY FAMILY, ONLY BETTER

A Healthier Home

ICEBREAKER

What did you do this weekend? What was exciting about it or not so great about it?

DISCUSSION QUESTIONS.

By wisdom a house is built, and through understanding it is established. - Proverbs 24:3 (NIV)

Pastor Ben shared 4 things to think through in the question, “How are we doing?” as to it pertains to families: Functionally, Relationally, Emotionally and Spiritually. Considering these things, how is your family doing?

What was the family you grew up in like? How does the family you are a part of now mirror that or differ from it?

There are 5 Essentials for a Healthy Home:

1. Jesus
2. Self-Awareness
3. Empathy
4. Serious Skills
5. Determination and Resilience

Which of these areas do you feel strong in as a family? Which are areas of growth or improvement? What other essentials do you think should be on this list?

What next step is God asking you to consider? Could you take this step together as a family? What would that look like?