



KEEP ME HOME IF...

I have a fever



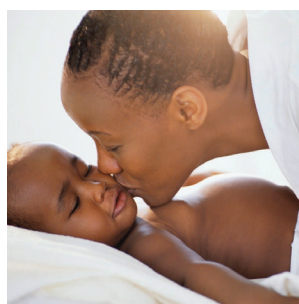
A temperature of 100.4°F or higher, a cough, shortness of breath or difficulty breathing, chills, muscle pain, sore throat, new loss of taste or smell, or other signs of new illness unrelated to a preexisting condition (such as seasonal allergies)*

I have diarrhea



- 2 loose/watery stools more than normal for child in 24 hours; OR
- Any blood or mucus in stool

I'm just not feeling very good



Unusually tired, low activity level, pale, lack of appetite, cranky, or crying more than normal

I'm vomiting



2 or more times in 24 hours

I have a rash, sores, lice, ringworm, or scabies



- Body rash (not related to allergic reaction, diapering, or heat)
- Oozing open sores or wounds
- Mouth sores with drooling
- Untreated head lice, ringworm or scabies

*Fever threshold has been lowered and new symptoms have been added to align with CDC recommendations during the COVID-19 pandemic.

Questions about when your child is well enough to return to child care? Refer to: Washington Administrative Code (WAC) for Child Care and Early Learning Programs 110-300-0205 for the complete illness exclusion requirements OR CDC guidance for

What to Do If You Are Sick with COVID-19 at
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/>



Public Health
Seattle & King County



Child Care Health Program